

FAITH SHARING
Candidate/Sponsor Sheet 4

Date: _____

Record your responses to all questions in your journal.

PRAYER

1. Examine your conscience each night. Look prayerfully at how you have or have not imitated Christ. Pray to the Holy Spirit, asking Him to help you be Christlike in your thoughts, words, and actions. For a week write in your journal a resolution to follow Jesus better the next day. Date your entries.
2. How will a daily examination of conscience help your spiritual life?

KNOWLEDGE

1. Look over the past weeks and evaluate how your Confirmation preparation is helping you grow in your relationship with Christ, your family, your friends, and the Church. a) When have you been strong and faithful to Christ? b) When has it been difficult for you to live your faith?

SERVICE

1. Charity begins at home. Write three acts of service you can do each day this week for your family.
2. Write a letter to an elderly member of your family to cheer him or her up. Glue a copy to your journal.
3. How can you be a Christian healer or peacemaker at home this week?
4. Use the following reflection guide questions to evaluate your service so far:
Complete the sentences in your journal.
 - I tried to show Christlike love and service by...
 - The virtues that the Holy Spirit helped me strengthen in myself by doing this service are...
 - These people taught me...
 - Doing this project helped me appreciate..
 - I can follow up this project by...

CONFIRMATION MEMORY BOOK

1. Have you celebrated the Sacrament of Penance lately?
2. In your journal describe what Christ's healing and forgiving love means to you.
3. Find a picture of Jesus the Comforter. Glue the picture in your journal.